


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|--|
| <p>December cont'd 30</p> <p>9:15 ★ First Baptist Church Service [Ch]</p> <p>10:30 ★ Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:00 🏀 Basketball</p> <p>2:00 🏃 Silver Sneakers Walking Club [A]</p> <p>4:00 🍦 Ice Cream Social [A]</p> <p>4:30 🃏 Phase 10 Cards [AR]</p> <p>6:30 🎮 Wii Bowling [DR]</p> | <p>New Year's Eve 31</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:30 🧠 Brain Games [AR]</p> <p>11:30 🎉 New Years Celebration [AR]</p> <p>12:30 🏆 Path to Wellness Awards [DR]</p> <p>2:30 ★ Goals for Grabs Journals [AR]</p> <p>3:30 🗨️ Round Table Meeting [AR]</p> <p>4:30 🎲 Checkers [L]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> |  <p>SOLSTICE SENIOR LIVING AT GRAPEVINE</p> | <p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Family</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p> | <p>Location Keys</p> <p>Activity Room AR</p> <p>Atrium A</p> <p>Chapel Ch</p> <p>Dining Room DR</p> <p>Game Room GR</p> <p>Library L</p> <p>Movie Room MR</p> <p>Resident's Room RR</p> | <p>Resident Birthdays</p> <p>Betty M. 12/16</p> | <p>8:00 🧑‍🎄 Elf Run- Senior's Christmas [A]</p> <p>10:00 🎨 Mary Kay MakeOvers [AR]</p> <p>11:30 🧘 Stretching & Meditation [AR]</p> <p>1:30 🎲 Resident Pot Luck & Christmas Party Meeting [AR]</p> <p>3:00 🎲 Bingo [AR]</p> <p>4:30 🌲 Angel Tree Meeting w/ Grace Home Health [AR]</p> <p>6:30 🌲 Grapevine Mills Mall Angel Tree Picking [A]</p> |
| <p>2</p> <p>9:15 ★ First Baptist Church Service [Ch]</p> <p>10:30 ★ Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:00 🏀 Basketball [AR]</p> <p>2:00 🏃 Silver Sneakers Walking Club [A]</p> <p>3:00 ★ Christmas Concert at United Methodist Church</p> <p>4:00 🍦 Ice Cream Social [A]</p> <p>4:30 🃏 Phase 10 Cards [AR]</p> <p>6:30 🎮 Wii Bowling [DR]</p> | <p>3</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:30 🦋 Zooney Vendor [A]</p> <p>11:30 🧠 Brain Games [AR]</p> <p>2:00 🏃 Weight Training w/ Brian [AR]</p> <p>3:00 🎨 Art Appreciation Class [MR]</p> <p>4:30 🧩 Jig-Saw Puzzles [GR]</p> <p>6:30 🦋 M&M's Game [AR]</p> | <p>4</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/Klarus [AR]</p> <p>10:00 🎮 Play Washers w/Klarus [AR]</p> <p>11:00 🎮 Pokeno Fun [AR]</p> <p>2:00 🎮 Mad Libs [AR]</p> <p>3:00 🏃 Author Charlotte Canion-Reinventing at any Age [AR]</p> <p>4:00 📖 Author Charlotte Canion Book Signing [AR]</p> <p>6:45 ★ Music & Worship [Ch]</p> | <p>5</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:00 🌲 Angel Tree Meeting [A]</p> <p>12:00 🏆 Dexterity Activity- Perfection [AR]</p> <p>2:00 🎮 Beanbag Baseball w/ Care Partners [AR]</p> <p>3:00 🎮 Bingo w/Klarus \$0.25 [AR]</p> <p>4:30 🩺 Blood Pressure Check with Grace [AR]</p> <p>6:30 🎮 Guess Who [DR]</p> | <p>6</p> <p>6:30 🎮 Board Games [AR]</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/ Klarus [AR]</p> <p>10:30 🎨 Christmas Door Decorating Contest Kick Off [RR]</p> <p>11:30 🏌️ Golf Putting [AR]</p> <p>1:30 🧠 Riddle Solving [A]</p> <p>2:00 🏇 Silver Derby Horse Races [AR]</p> <p>3:00 🎮 Pokeno Fun [AR]</p> <p>4:15 🍷 Happy Hour [AR]</p> <p>4:30 ★ Norris Perry Musical Performance [AR]</p> | <p>7</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 ★ Mass: Good Shepherd Catholic Church [Ch]</p> <p>10:00 🦋 Connect Hearing Screenings- Donuts & Coffee [A]</p> <p>11:00 🦋 Get Your Nails Done w/Klarus [AR]</p> <p>2:00 🎮 Beanbag Baseball [AR]</p> <p>3:00 ★ Mari McAdoo Musical Performance [AR]</p> <p>4:30 🎮 Pool Tournament [GR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>Christmas Bizzare 8</p> <p>10:00 🎲 Bingo Blitz with HOSA Students from Grapevine High [AR]</p> <p>10:00 🦋 Norish Skin, Precision Drinks, Jar Bar, Paparazzi, Zems & Gems [A]</p> <p>11:30 🧘 Stretching & Meditation [AR]</p> <p>1:30 ★ Bible Study [Ch]</p> <p>3:00 🎲 Bingo [AR]</p> <p>4:30 🌲 Angel Tree Shopping [A]</p> <p>6:30 🎮 Grab Bag Stories [A]</p> |
| <p>9</p> <p>9:15 ★ First Baptist Church Service [Ch]</p> <p>10:30 ★ Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:00 🎭 When we were Young Matching [A]</p> <p>2:00 🏃 Silver Sneakers Walking Club [A]</p> <p>2:30 ★ Youth Group Christmas Show [AR]</p> <p>4:00 🍦 Ice Cream Social [A]</p> <p>4:30 🃏 Old Maid Cards [AR]</p> <p>6:30 🎮 Wii Bowling [DR]</p> | <p>10</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:00 🎲 Bingo for Prizes w/ Evelyn [AR]</p> <p>11:30 🧠 Brain Games [AR]</p> <p>2:00 🏃 Weight Training w/ Brian [AR]</p> <p>2:30 🗨️ Health Talk w/ Grace- Emotional Well Being [MR]</p> <p>3:00 🧑‍🎓 Girl Scouts Troop delivering Treats [RR]</p> <p>4:30 🎨 Meditative Art- Holiday Coloring [GR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>11</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/Klarus [AR]</p> <p>10:00 🎮 Play Washers w/Klarus [AR]</p> <p>11:00 ★ Warren Cook Musical Performance [DR]</p> <p>1:30 ★ Christmas Reef Making [AR]</p> <p>3:00 🎮 Pokeno Fun [AR]</p> <p>4:30 🎲 Holiday Sing Along [AR]</p> <p>6:45 ★ Music & Worship [Ch]</p> | <p>12</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:30 🦋 Premiere Jewelry [A]</p> <p>12:00 🏆 Dexterity Activity- Play Do Sculptures [AR]</p> <p>2:00 🎮 Beanbag Baseball w/ Care Partners [AR]</p> <p>3:00 🎮 Bingo [AR]</p> <p>4:30 🩺 Blood Pressure Check with Grace [AR]</p> <p>5:30 📖 Book Club Wine Tasting [A]</p> | <p>13</p> <p>9:00 ★ A Christmas Story Musical- at the theatre [A]</p> <p>9:30 🩺 Blood Pressure Check w/Klarus [AR]</p> <p>10:00 🦋 Avon [A]</p> <p>11:30 🏃 Move It Exercise [AR]</p> <p>1:30 🏌️ Golf Putting [AR]</p> <p>3:00 🎮 Pokeno Fun [AR]</p> <p>4:15 🍷 Happy Hour with Genex Health [AR]</p> <p>6:15 🎮 Picture Scavenger Hunt [A]</p> | <p>14</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:00 🦋 Get Your Nails Done w/Klarus [AR]</p> <p>11:30 🎤 Employee Spotlight- Brandi [AR]</p> <p>12:00 🦋 FYI Clothing [AR]</p> <p>3:30 🎮 Beanbag Baseball [AR]</p> <p>4:30 🌲 Angel Tree Meeting [AR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>15</p> <p>10:00 🌲 Angel Tree Shopping [A]</p> <p>11:30 🌲 Angel Tree Drop Off [A]</p> <p>1:30 🧑‍🎓 HOSA Students from Grapevine Cookie Decorating & Gingerbread Houses [AR]</p> <p>3:00 🎲 Bingo [AR]</p> <p>4:30 🧘 Stretching & Meditation [AR]</p> <p>6:30 🎮 Bop-It [A]</p> |
| <p>16</p> <p>9:15 ★ First Baptist Church Service [Ch]</p> <p>10:30 ★ Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:00 🖼️ Picture Find [AR]</p> <p>2:00 🏃 Silver Sneakers Walking Club [A]</p> <p>4:00 🍦 Ice Cream Social [A]</p> <p>4:30 🃏 Uno Cards [AR]</p> <p>6:30 🎮 Wii Bowling [DR]</p> | <p>17</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:30 🏃 Weight Training w/ Brian [AR]</p> <p>11:30 🧠 Brain Games [AR]</p> <p>2:30 ★ Helen & Paul Birthday Celebration [AR]</p> <p>3:00 🌲 Ice Cream Float Birthday Celebration [AR]</p> <p>4:30 🦋 Crochet Social [GR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>18</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/ Klarus [AR]</p> <p>10:00 🎮 Play Washers w/Klarus [AR]</p> <p>11:30 🧑‍🎓 Ambassadors Club, Gold Key, New Residents [AR]</p> <p>12:00 🎁 Gifts Galore Christmas Sale [A]</p> <p>1:30 🎲 Resident Pot Luck Meeting [AR]</p> <p>3:00 🎮 Pokeno Fun [AR]</p> <p>4:15 🍷 Eggnog Social with Grapevine Volleyball Team [A]</p> <p>4:30 🏐 Balloon Volleyball with Grapevine Volleyball Team [A]</p> <p>6:45 ★ Music & Worship [Ch]</p> | <p>19</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>11:30 🗨️ Out to Lunch Bunch [A]</p> <p>2:00 🎮 Beanbag Baseball w/ Care Partners [AR]</p> <p>3:00 🎮 Bingo w/Klarus \$0.25 [AR]</p> <p>4:30 🩺 Blood Pressure Check with Grace [AR]</p> <p>6:30 🦋 Local Tour of Lights [A]</p> | <p>20</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/ Klarus [AR]</p> <p>10:00 🧑‍🎓 Genex Mouth Swab Health Screening [AR]</p> <p>10:00 🧑‍🎓 Hearing Screening & Cleanings [MR]</p> <p>11:30 🏌️ Golf Putting [AR]</p> <p>1:30 🎮 One A Day App [RR]</p> <p>2:00 🏇 Silver Derby Horse Races [AR]</p> <p>3:00 🎮 Pokeno Fun [AR]</p> <p>4:30 🍷 Happy Hour with Precision Bar Tending [AR]</p> <p>6:30 ★ Local Tour of Lights [A]</p> | <p>21</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:00 🦋 Get Your Nails Done w/ Klarus [AR]</p> <p>11:00 ★ Stations of the Cross [Ch]</p> <p>11:30 ★ Pine Cone Decorating [AR]</p> <p>1:30 🎮 One A Day App [RR]</p> <p>2:00 🎮 Beanbag Baseball [AR]</p> <p>3:30 ★ Laugh Out Loud Jokes [A]</p> <p>4:30 🏒 Air Hockey [GR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>22</p> <p>10:00 🍫 Hot Chocolate Bar [A]</p> <p>10:30 ★ Bible Study [Ch]</p> <p>11:30 🧘 Stretching & Meditation [AR]</p> <p>1:30 🗨️ This is Your Life- Alta Moore [AR]</p> <p>3:00 🎲 Bingo for Prizes [AR]</p> <p>4:00 🎉 Resident Christmas Party [AR]</p> <p>5:00 🦋 Card & Gift Exchange [AR]</p> <p>6:30 🎲 Resident Pot Luck [AR]</p> |
| <p>23</p> <p>9:15 ★ First Baptist Church Service [Ch]</p> <p>10:30 ★ Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:00 📖 Word Fun [AR]</p> <p>2:00 🏃 Silver Sneakers Walking Club [A]</p> <p>4:00 🍦 Ice Cream Social [A]</p> <p>4:30 🃏 Pinochle Cards [AR]</p> <p>6:30 🎮 Wii Bowling [DR]</p> | <p>Christmas Eve 24</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>11:30 🧠 Brain Games [AR]</p> <p>2:00 🏃 Weight Training w/ Brian [AR]</p> <p>3:00 ★ Meditative Art [AR]</p> <p>4:30 🧩 Jig-Saw Puzzles [GR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>Christmas Day 25</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/Klarus [AR]</p> <p>10:00 🎮 Play Washers w/Klarus [AR]</p> <p>11:00 🎮 Pokeno Fun [AR]</p> <p>1:30 🎮 Grab Bag Stories [Ch]</p> <p>3:30 🦋 M&M's Game [AR]</p> <p>4:30 🎲 Holiday Sing Along [AR]</p> <p>6:45 ★ Music & Worship [Ch]</p> | <p>26</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>11:00 🍿 Popcorn Social [A]</p> <p>1:30 🏆 Dexterity Activity- Memory [AR]</p> <p>2:00 🎮 Beanbag Baseball w/ Care Partners [AR]</p> <p>3:00 🎮 Bingo [AR]</p> <p>4:30 🩺 Blood Pressure Check with Grace [AR]</p> <p>6:30 🗨️ Now & Then Discussion [AR]</p> | <p>27</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>9:30 🩺 Blood Pressure Check w/ Klarus [AR]</p> <p>11:00 🗨️ A Look Back 2018 [MR]</p> <p>1:30 🏌️ Golf Putting [AR]</p> <p>3:00 🎮 Pokeno Fun [AR]</p> <p>4:15 🍷 Happy Hour with Grace [AR]</p> <p>6:30 ★ Poetry Readings [AR]</p> | <p>28</p> <p>9:00 🏃 Move It Exercise [AR]</p> <p>10:00 🦋 Get Your Nails Done w/Klarus [AR]</p> <p>11:30 🎮 Men's Trivia [A]</p> <p>1:30 🦋 Hand Massages [AR]</p> <p>2:00 🎮 Beanbag Baseball [AR]</p> <p>3:00 🏃 Benefits of Oatmeal [AR]</p> <p>4:30 ★ Oatmeal Craft [AR]</p> <p>6:30 🎮 Mexican Train Dominoes [AR]</p> | <p>29</p> <p>10:00 🧑‍🎄 Sewing with Right @ Home [AR]</p> <p>11:30 🍿 Popcorn Balls Social [AR]</p> <p>1:30 🧘 Stretching & Meditation [AR]</p> <p>3:00 🎲 Bingo [AR]</p> <p>4:30 🎮 Price is Right [A]</p> <p>6:30 🎮 Jeopardy [AR]</p> |