## February 2019 Solstice Senior Living at Grapevino

		BE VIBRANT. BE YOU.			Solstice Senior Living at Grapevine	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT GRAPEVINE	<ul> <li>Be Adventurous</li> <li>Be Challenged</li> <li>Be Connected</li> <li>Be Family</li> <li>★ Be Inspired</li> <li>Be Social</li> <li>Be Well</li> </ul>	Location Keys  Activity Room AR  Atrium A Chapel Ch Dining Room DR Game Room GR Library L Movie Room MR Resident's Room RR	Resident Birthdays Rudy H. 2/1 Ed H. 2/6 Cleo B. 2/22		9:30 Mass: Good Shepherd Catholic Church [Ch]  10:00 Get Your Nails Done w/Klarus [AR]  11:30 Move It Exercise [AR]  1:30 Recording Memories- Herb Magee [RR]  2:00 Beanbag Baseball [AR]  4:00 Wii Bowling [AR]  6:00 You Guessed It [AR]	Groundhog Day  9:30 ♥ Ground Hog Scavenger Kickoff  11:30 ♥ Stretching & Mediation [AR]  1:30 ♠ Recording Memories- Christina Wilhelm [RR]  3:00 ♠ Bingo [AR]  4:00 ♥ Puzzle Mazes [A]  6:00 ♠ Checkers Tournament [L]
9:15 ★ First Baptist Church Service [Ch]  10:30 ★ Communion Service: Good Shepherd Catholic [Ch]  11:30 ⑤ Tie Dye Creations with Kristyn [AR]  1:30 ♡ Spanish 101 [AR]  3:00 ❤ Ice Cream Social [A]  4:15 ○ Girl Scout Troops- Valentine's Cards Delivery [DR]  5:00 巻 Super Bowl Potluck Family Night with CSD & Staff [MR]  6:00 ♡ Silver Sneakers Walking Club [A]	9:30	9:30 Move It Exercise [AR] 10:00 Blood Pressure Check w/Klarus [AR] 10:30 Play Washers w/Klarus [AR] 11:30 Premiere Jewelers [A] 1:30 Pass Pigs [AR] 3:00 Pokeno Fun [AR] 4:30 Recording Memories- Ruby Rutter [RR] 6:30 Music & Worship [Ch]	9:00 Food for Thought [AR] 11:00 Bible Study with Pastor James Green [Ch] 1:30 Recording Memories- The Poindexter's [RR] 2:00 Bingo w/Klarus \$0.25 [AR] 3:00 Bean Bag Baseball [AR] 4:30 Cookies & Coffee [A] 6:30 Pass the Fruit [AR] 9:30 Move It Exercise [AR]	9:30 Move It Exercise [AR] 10:00 Blood Pressure Check w/Klarus [AR] 11:30 Golf Putting [AR] 1:30 Recording Memories- Rose Lovas [RR] 2:00 Silver Derby Horse Races [AR] 3:00 Pokeno Fun [AR] 4:30 Happy Hour [AR] 6:30 Mad Libs [AR]	9:30 Move It Exercise [AR] 10:00 Get Your Nails Done w/ Klarus [AR] 11:30 CiCi's Pizza Outing [A] 1:30 Recording Memories- Linda Linn [RR] 2:00 Beanbag Baseball [AR] 4:00 Reflexology [AR] 6:00 Mexican Train Dominoes- Led by Sue O. [AR]	10:30 Stretching & Mediation [AR] 11:30 Perfection [AR] 1:30 Round Table Meeting [AR] 3:00 PBingo [AR] 4:00 Popcorn Social [A] 6:00 Family Movie Night with Ashlie [MR]
9:15 ★ First Baptist Church Service [Ch]  10:30 ★ Communion Service: Good Shepherd Catholic [Ch]  11:30 ⑤ Balloon Volleyball [A]  1:30 ○ Spanish 101 [AR]  3:00 ► Trivial Pursuit [A]  4:00 ✔ Ice Cream Social [A]  6:00 ○ Silver Sneakers Walking Club [A]	9:30 Movement Ball [AR] 10:30 Brain Games [AR] 11:30 Care Partners Health Talk - Heart Health [MR] 1:30 Brain Wave Music [Ch] 2:30 Weight Training w/ Brian [AR] 4:00 Sing Along- Led by Betty B [AR] 6:00 Mexican Train Domino's- Led by Sue O. [AR]	9:30 Move It Exercise [AR] 10:00 Blood Pressure Check w/Klarus [AR] 10:30 Play Washers w/Klarus [AR] 11:30 Zems & Gems [A] 1:30 PThe Best Game [AR] 3:00 Pokeno Fun [AR] 4:30 Recording Memories- Ree Southward [RR] 6:30 Music & Worship [Ch]	9:30  Move It Exercise [AR] 11:30  Bible Study- Led by Pastor James Green [Ch] 1:30  Recording Memories- Dotty Morris [RR] 2:00  Bingo for Prizes- Care Partners [AR] 3:00  Bean Bag Baseball w/ Jessica [AR] 4:00  Crochet Social- Led by Janice McKee [A] 6:00  Wii Sports- Led by Betty B. [AR]	Valentine's Day  9:00	9:30 Move It Exercise [AR] 10:00 Get Your Nails Done w/ Klarus [AR] 11:00 Stations of the Cross [Ch] 11:30 Pokeno Blitz [AR] 1:30 Recording Memories- Connie McDonald [RR] 2:00 Beanbag Baseball [AR] 4:00 Health Talk- Walker Safety [MR] 6:00 You Guessed It [AR]	10:30 Stretching & Mediation [AR] 11:30 Golf Putting [AR] 1:30 Time Capsule Meeting [AR] 3:00 Bingo [AR] 4:00 Pass Pigs [AR] 6:00 Now&Then Discussion-Led by Cammie J [AR]
9:15 ★ First Baptist Church Service [Ch]  10:30 ★ Communion Service: Good Shepherd Catholic [Ch]  11:30 ► Fun in a Cup [AR]  1:30 ► Spanish 101 [AR]  3:00 ★ Ice Cream Social [A]  4:00 ► Kings Crossing [AR]  6:00 ► Silver Sneakers Walking Club [A]	Presidents' Day 9:30	9:30 ♥ Move It Exercise [AR]  10:30 ₱ Play Washers w/Klarus [AR]  11:30 ♥ Blood Pressure Check w/ Klarus [AR]  1:30 ★ Target Practice [GR]  3:00 ₱ Pokeno Fun [AR]  4:30 ★ Jenga Blocks [AR]  6:30 ★ Music & Worship [Ch]	9:30 Move It Exercise [AR]  11:30 Out to Lunch Bunch [A]  12:00 Gifts Galore [A]  2:00 Bingo w/Klarus \$0.25  [AR]  3:00 Bean Bag Baseball [AR]  4:00 Reading Hour [AR]  6:00 Meditative Art [AR]	9:30 Move It Exercise [AR] 10:30 Golf Putting [AR] 11:30 Blood Pressure Check w/ Klarus [AR] 1:30 Recording Memories- Cleo Brannon [RR] 2:00 Silver Derby Horse Races [AR] 3:00 Pokeno Fun [AR] 4:30 Happy Hour [AR] 6:30 Simon Says- Led by Ed Harris [A]	9:30 Move It Exercise [AR] 10:00 Get Your Nails Done w/ Klarus [AR] 11:30 Sea Life Aquarium- Grapevine Mills Mall [A] 1:30 Recording Memories- Betty C. [RR] 2:00 Beanbag Baseball [AR] 4:00 Health Talk [MR] 6:00 Mexican Train Domino's- Led by Sue O [AR]	10:30 Stretching & Mediation [AR] 11:30 Perfection [AR] 1:30 Phase 10 Cards [AR] 3:00 PBingo [AR] 4:00 Spelling Bee- Residents vs. Grapevine High [AR] 6:00 Match Ups [AR]
9:15 ★ First Baptist Church Service [Ch]  10:30 ★ Communion Service: Good Shepherd Catholic [Ch]  11:30 ► Relay Races [A]  1:30 ► Spanish 101 [AR]  3:00 ► Ice Cream Social [A]  4:00 ► Phase 10 Cards [AR]  6:00 ► Silver Sneakers Walking Club [A]	9:30 Movement Ball [AR] 10:30 Brain Games [AR] 11:30 Skee Ball [GR] 1:30 Human Candy Land [AR] 2:30 Weight Training w/ Brian [AR] 4:00 Sing Along- Led by Betty B [AR] 6:00 Mexican Train Domino's- Led by Sue O. [AR]	9:30 Move It Exercise [AR] 10:00 Blood Pressure Check w/ Klarus [AR] 10:30 Play Washers w/Klarus [AR] 11:30 Bingo Blitz [A] 12:30 Gold Key Luncheon [DR] 2:00 Birthday Couple Musical Performance [AR] 3:00 Ice Cream Float Birthday Celebration [AR] 4:00 Pokeno Blitz [AR] 6:30 Music & Worship [Ch]	9:30 Move It Exercise [AR] 10:00 Nourish Skin [A] 11:30 New Residents Welcome Party [AR] 12:30 Ambassadors Lunch [DR] 1:30 Living the Dream- Sarah Adams [A] 2:30 Path to Wellness Awards [AR] 4:00 ISL Inspires Meeting [Ch] 6:30 Barbara Cotton- "This is Your Life" [A]	9:30 Move It Exercise [AR]  10:00 Blood Pressure Check w/ Klarus [AR]  11:30 Golf Putting [AR]  1:30 Bean Bag Baseball [AR]  3:00 Pokeno Fun [AR]  4:30 Happy Hour [AR]  6:00 Mad Libs [AR]		