


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Family</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p>	<p>New Year's Day 1</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Movement Ball [AR]</p> <p>10:30 🗡 Round Table Meeting [AR]</p> <p>11:30 🗡 Play Washers w/Klarus [AR]</p> <p>1:30 🗡 Mysterious Senses Box [A]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:30 🗡 Chicken Soup for the Soul [L]</p> <p>6:30 🗡 Music & Worship [Ch]</p>	<p>2</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:30 🗡 5 Second Rule [AR]</p> <p>11:30 ♥ Dexterity Activity- Perfection [AR]</p> <p>1:30 🗡 One Day Videos- The Isley's [RR]</p> <p>2:00 🗡 Bingo w/Klarus \$0.25 [AR]</p> <p>3:00 🗡 Beanbag Baseball w/ Care Partners [AR]</p> <p>4:30 🗡 Guess Who [AR]</p> <p>6:30 🗡 Checkers Tournament [L]</p>	<p>3</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 🗡 Grab Bag Stories [AR]</p> <p>11:30 🗡 Golf Putting [AR]</p> <p>1:30 🗡 One Day Videos- Ed Harris [RR]</p> <p>2:00 🗡 Silver Derby Horse Races [AR]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:15 🗡 Happy Hour with Telecom [AR]</p> <p>6:30 🗡 Uno Cards [AR]</p>	<p>4</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 🗡 Get Your Nails Done w/Klarus [AR]</p> <p>11:30 🗡 Target Practice [AR]</p> <p>1:30 ♥ Meditative Art [AR]</p> <p>2:00 🗡 Beanbag Baseball [AR]</p> <p>4:15 🗡 Kings Crossing [AR]</p> <p>6:30 🗡 Mexican Train Dominoes [AR]</p>	<p>5</p> <p>National Bird Day</p> <p>10:00 ♥ Stretching & Mediation [AR]</p> <p>11:30 ♥ Bird Trivia [A]</p> <p>1:30 🗡 Bird Craft [AR]</p> <p>3:00 🗡 Bingo [AR]</p> <p>4:30 🗡 Bird Feeders [AR]</p> <p>6:30 🗡 Bird Watching & Matching [BL]</p>	
	<p>9:15 🗡 First Baptist Church Service [Ch]</p> <p>10:30 🗡 Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:30 🗡 Number Seek [AR]</p> <p>2:00 ♥ Silver Sneakers Walking Club [A]</p> <p>4:00 🗡 Ice Cream Social [A]</p> <p>4:30 🗡 Jenga Tower Blocks [AR]</p> <p>6:30 🗡 Skee-Ball [DR]</p>	<p>6</p> <p>9:30 ♥ Movement Ball [AR]</p> <p>11:00 🗡 Zoey Vendor [A]</p> <p>11:30 ♥ Brain Games [AR]</p> <p>1:30 🗡 Letters of Encouragement [Ch]</p> <p>2:30 ♥ Weight Training w/ Brian [AR]</p> <p>4:30 🗡 Brain Wave Music [Ch]</p> <p>6:30 🗡 Mexican Train Dominoes [AR]</p>	<p>7</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 ♥ Genex Information [MR]</p> <p>11:30 🗡 Play Washers w/Klarus [AR]</p> <p>1:30 🗡 One Day Videos- Judy Stockton [RR]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:30 🗡 Fondu Bar [AR]</p> <p>6:30 🗡 Music & Worship [Ch]</p>	<p>8</p> <p>National Apricot Day 9</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Wheel of Fortune [AR]</p> <p>1:30 🗡 Bop-It [A]</p> <p>2:00 🗡 Bingo [AR]</p> <p>3:00 🗡 Beanbag Baseball w/ Care Partners [AR]</p> <p>4:30 🗡 Apricot Smoothies [AR]</p> <p>6:30 🗡 The Game of Things [AR]</p>	<p>10</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Golf Putting [AR]</p> <p>1:30 🗡 One Day Videos- Ann Mason [RR]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:30 🗡 Happy Hour [AR]</p> <p>6:30 🗡 Mystery Senses Box [A]</p>	<p>11</p> <p>National Milk Day</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 🗡 Get Your Nails Done w/Klarus [AR]</p> <p>11:30 ♥ Health Talk- Bone Health [MR]</p> <p>1:30 🗡 One Day Videos- Gloria Ganeachu [DR]</p> <p>2:00 🗡 Beanbag Baseball [AR]</p> <p>4:30 🗡 Homemade Milk Shakes [AR]</p> <p>6:30 🗡 Mexican Train Dominoes [AR]</p>	<p>12</p> <p>10:30 ♥ Stretching & Mediation [AR]</p> <p>11:30 🗡 Pass the Pigs [AR]</p> <p>1:30 🗡 ISL Inspires- Crochet Baby Hats for NICU [L]</p> <p>3:00 🗡 Bingo [AR]</p> <p>4:30 ♥ Chair Dancing [AR]</p> <p>6:30 🗡 Paint n' Sip with Rick Navarro \$20 per person [A]</p>
	<p>9:15 🗡 First Baptist Church Service [Ch]</p> <p>10:30 🗡 Communion Service: Good Shepherd Catholic [Ch]</p> <p>11:30 ♥ Silver Sneakers Walking Club [A]</p> <p>1:30 🗡 Grapevine Library Outing [A]</p> <p>3:30 🗡 Picture Find</p> <p>4:00 🗡 Ice Cream Social [A]</p> <p>4:30 🗡 Phase 10 Cards [AR]</p> <p>6:30 🗡 Reading Hour [DR]</p>	<p>13</p> <p>9:30 ♥ Movement Ball [AR]</p> <p>11:30 ♥ Brain Games [AR]</p> <p>1:30 🗡 Riddles [AR]</p> <p>2:30 ♥ Weight Training w/ Brian [AR]</p> <p>4:30 🗡 Sing Along [AR]</p> <p>6:30 🗡 Pass the Fruit [AR]</p>	<p>14</p> <p>National Hat Day 15</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:30 🗡 Hats off Fashion Through History [MR]</p> <p>11:30 🗡 Play Washers w/Klarus [AR]</p> <p>1:30 🗡 Hat Craft [AR]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:30 🗡 Tea Party [DR]</p> <p>6:30 🗡 Music & Worship [Ch]</p>	<p>16</p> <p>National Nothing Day</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 ♥ Genex Health Mouth Swab [AR]</p> <p>10:30 🗡 Popcorn Social [A]</p> <p>11:30 🗡 Out to Lunch Bunch [A]</p> <p>1:30 🗡 One Day Videos- Mary Waldrum [RR]</p> <p>2:00 🗡 Bingo w/Klarus \$0.25 [AR]</p> <p>3:00 🗡 Beanbag Baseball w/ Care Partners [AR]</p> <p>4:30 🗡 ISL Inspires- Crochet Baby Hats for NICU [Ch]</p> <p>6:30 🗡 Now & Then Discussion [AR]</p>	<p>17</p> <p>Benjamin Franklin Birthday</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Golf Putting [AR]</p> <p>1:30 🗡 One Day Videos- Gwen Doroty [RR]</p> <p>2:00 🗡 Silver Derby Horse Races [AR]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:00 🗡 Marty Nelson Musical Performance [AR]</p> <p>4:30 🗡 Happy Hour [AR]</p> <p>6:30 🗡 Kite Craft [AR]</p>	<p>18</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 🗡 Get Your Nails Done w/Klarus [AR]</p> <p>11:00 🗡 Stations of the Cross [Ch]</p> <p>1:30 🗡 One Day Video- Barbara Birdsong [RR]</p> <p>2:00 🗡 Beanbag Baseball [AR]</p> <p>4:15 ♥ Health Talk- Benefits of Oatmeal [AR]</p> <p>6:30 🗡 Mexican Train Dominoes [AR]</p>	<p>19</p> <p>10:30 ♥ Stretching & Mediation [AR]</p> <p>11:30 🗡 Toss n Talk Ball [A]</p> <p>1:30 🗡 One Day Videos- Barbara Stafford [RR]</p> <p>3:00 🗡 Bingo [AR]</p> <p>4:30 🗡 Picture Scavenger Hunt- Floor by Floor Contest</p> <p>6:30 🗡 Gallery of Arts- Scavenger Hunt Photos [AR]</p>
	<p>9:15 🗡 First Baptist Church Service [Ch]</p> <p>10:30 🗡 Communion Service: Good Shepherd Catholic [Ch]</p> <p>11:30 ♥ Silver Sneakers Walking Club [A]</p> <p>1:30 🗡 Pop Corn Social [AR]</p> <p>3:30 🗡 Pop Corn Jewelry w/ HOSA Students of Grapevine [AR]</p> <p>4:30 🗡 Phase 10 Cards [AR]</p> <p>6:30 🗡 Skee-Ball [DR]</p>	<p>20</p> <p>Martin Luther King, Jr. Day 21</p> <p>9:30 ♥ Mini March for Unity [AR]</p> <p>10:30 🗡 Change the World Craft [AR]</p> <p>11:30 ♥ Brain Games [AR]</p> <p>1:30 🗡 One Day Videos- Nona Williams [RR]</p> <p>2:30 ♥ Weight Training w/ Brian [AR]</p> <p>4:30 🗡 Teamwork Exercises [A]</p> <p>6:30 🗡 5 Second Rule [AR]</p>	<p>22</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Play Washers w/Klarus [AR]</p> <p>1:30 🗡 Pokeno Fun [AR]</p> <p>3:30 🗡 Cival War Presentation [AR]</p> <p>4:30 🗡 Poetry Readings [L]</p> <p>6:30 🗡 Music & Worship [Ch]</p>	<p>23</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Wheel of Fortune [AR]</p> <p>1:30 🗡 One Day Video- Judith Gabel [RR]</p> <p>2:00 🗡 Bingo [AR]</p> <p>3:00 🗡 Beanbag Baseball w/ Care Partners [AR]</p> <p>4:30 🗡 Dunkin Donuts Outing [A]</p> <p>6:30 🗡 Ice Breaker Dice [AR]</p>	<p>24</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Golf Putting [AR]</p> <p>1:30 🗡 Minute to Win It Games [AR]</p> <p>3:00 🗡 Pokeno Fun [AR]</p> <p>4:30 🗡 Happy Hour [AR]</p> <p>6:30 🗡 Mad Libs [AR]</p>	<p>25</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>10:00 🗡 Get Your Nails Done w/Klarus [AR]</p> <p>11:30 🗡 Jeopardy [AR]</p> <p>1:30 🗡 One Day Video- Peggy Blakney [RR]</p> <p>2:00 🗡 Beanbag Baseball [AR]</p> <p>4:15 ♥ Health Talk- Hearing Loss & Dementia [MR]</p> <p>6:30 🗡 Mexican Train Dominoes [AR]</p>	<p>26</p> <p>Mozart's Birthday</p> <p>10:30 ♥ Stretching & Mediation [AR]</p> <p>11:30 ♥ Health Talk- Music & the Brain [MR]</p> <p>1:30 🗡 Musical Instrument Craft [AR]</p> <p>3:00 🗡 Bingo [AR]</p> <p>4:30 🗡 One Day Video- Ree Southward</p> <p>6:30 🗡 Water Color to Music with Ashlie [AR]</p>
	<p>9:15 🗡 First Baptist Church Service [Ch]</p> <p>10:30 🗡 Communion Service: Good Shepherd Catholic [Ch]</p> <p>12:30 🗡 Number Search [AR]</p> <p>2:00 ♥ Silver Sneakers Walking Club [A]</p> <p>4:00 🗡 Ice Cream Social [A]</p> <p>4:30 🗡 Phase 10 Cards [AR]</p> <p>6:30 🗡 Wii Bowling [AR]</p>	<p>27</p> <p>National Puzzle Day 28</p> <p>9:30 ♥ Movement Ball [AR]</p> <p>11:30 ♥ Brain Games [AR]</p> <p>1:30 🗡 Jig Saw Puzzles [GR]</p> <p>2:30 ♥ Weight Training w/ Brian [AR]</p> <p>4:30 🗡 Picture Scramble [AR]</p> <p>6:30 🗡 Game of Things [AR]</p>	<p>29</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 Play Washers w/Klarus [AR]</p> <p>1:30 🗡 One Day Videos- Joan Morris [RR]</p> <p>2:00 🗡 Birthday Couple Musical Performance [AR]</p> <p>2:00 🗡 Ice Cream Float Birthday Celebration [AR]</p> <p>4:00 🗡 Pokeno Fun [AR]</p> <p>6:30 🗡 Music & Worship [Ch]</p>	<p>30</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 New Residents Welcome Party [AR]</p> <p>12:30 🗡 Ambassadors Luncheon [DR]</p> <p>2:30 ♥ Path to Wellness Awards [AR]</p> <p>4:30 🗡 ISL Inspires Display [A]</p> <p>6:30 🗡 Tour of Homes Family Night</p>	<p>31</p> <p>National Inspire Your Heart Day</p> <p>9:30 ♥ Blood Pressure Check w/Klarus [AR]</p> <p>9:30 ♥ Move It Exercise [AR]</p> <p>11:30 🗡 This is Your Life- Barrett Naughton [AR]</p> <p>1:30 🗡 Letters of Encouragement [Ch]</p> <p>3:00 🗡 Goals for Grabs- Self Assessment [AR]</p> <p>4:30 🗡 Happy Hour- Cheers to You! [AR]</p> <p>6:30 🗡 Checkers Tournament [GR]</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Atrium A</p> <p>Back Lawn BL</p> <p>Chapel Ch</p> <p>Dining Room DR</p> <p>Game Room GR</p> <p>Library L</p> <p>Movie Room MR</p> <p>Resident's Room RR</p>	
						<p>Resident Birthdays</p> <p>Judith G. 1/17</p> <p>Miriam L. 1/26</p> <p>Sarah A. 1/30</p> <p>Robert W. 1/31</p>	